

# Characterization & Theory of Humours

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*Phlegmaticus*



*Cholericus*



*Sanguinicus*



*Melancholicus*



## Choleric

Yellow Bile

Determined, quick to act, fiery,  
energetic, passionate

## Sanguine

Blood

Warm hearted, outgoing,  
volatile, optimistic, cheerful.

## Phlegmatic

Phlegm

Slow, patient, calm, quiet, shy,  
rational, consistent.

## Melancholic

Black Bile

Serious, anxious, quiet, fearful,  
depressed, poetic, artistic, sad.